Nursery cleaning checklist

The nursery gets the most use and the least time. This list keeps it short: wipe what gets touched, wash what gets slept on, and keep products somewhere little hands can't reach.

Every day

- [ ] Wipe the changing pad and let it dry
- [ ] Empty the diaper pail and wipe the lid
- [ ] Pick up anything small on the floor before tummy time
- [ ] Open a window for a few minutes if the weather's nice

Every week

- [ ] Wash crib sheets, swaddles and sleep sacks
- [ ] Dust the dresser, shelves and windowsills with a damp cloth
- [ ] Vacuum the floor and rug while baby's in another room
- [ ] Wipe door handles, light switches and drawer pulls
- [ ] Wipe the crib rails with mild soap and water, then a clean damp cloth

Every month

- [ ] Clean the mattress cover the way its care label says
- [ ] Wash curtains or wipe the blinds
- [ ] Clean the humidifier the way its manual says
- [ ] Check that wipes, creams and cleaners are out of reach

Things to skip

- [ ] Plug-in air fresheners and scented candles
- [ ] Scented dryer sheets on crib bedding
- [ ] Spraying anything close to baby (spray the cloth instead)
- [ ] Clothes or bedding stored with mothballs

Not medical advice. Follow product labels. Poison Help: 1-800-222-1222