Baby laundry checklist

Baby laundry multiplies overnight: onesies, burp cloths, swaddles, sheets. Keep it simple and scent-free, and keep the detergent where little hands can't get it.

Before baby arrives

- [ ] Prewash new clothes, sheets and burp cloths
- [ ] Pick a fragrance-free detergent
- [ ] Skip scented dryer sheets and fabric softener
- [ ] Choose a high cabinet for detergent, not the top of the washer

Every load

- [ ] Rinse milk, spit-up and poop stains in cold water first
- [ ] Use the amount of detergent the label says
- [ ] Add an extra rinse if you like
- [ ] Dry fully, with wool dryer balls if you use them
- [ ] Put detergent away as soon as you're done

Every week

- [ ] Wash crib sheets, sleep sacks and bibs
- [ ] Wash cloth diapers the way the diaper brand suggests
- [ ] Wipe the washer door seal and detergent drawer
- [ ] Wipe up any detergent spills

Storage rules

- [ ] Keep detergent in its original container
- [ ] Keep detergent pods out of sight and reach, or use powder or liquid while kids are small
- [ ] Don't mix laundry products with other cleaners
- [ ] If a child swallows detergent, call Poison Help at 1-800-222-1222

Not medical advice. Follow product labels. Poison Help: 1-800-222-1222